

WORSHIP TOGETHER

HIGHS AND LOWS

Words and Music by
AODHAN KING, BEN TAN
& JOEL HOUSTON

Atmospherically ♩. = 80

12/8

B♭

Dm7

Ooh._____ Ooh._____

5

E♭maj9

B♭

Ooh._____ When it

VERSE 1/3

9

B♭

Dm7

feels like the dark ling - gers long - er than the night.
dance on the heights or make my bed a - mong the depths.

12

E♭add2

When the sha - dows feel like giants, are You chas - ing me
Your mer - cy waits at ev - 'ry end, like You planned it from the

VERSE 2/4

15

B♭

B♭

down? Tell me where could I run?
start. Should the dawn come with wings,

18

Dm7

From Your light, where could I hide? Hemmed with - in Your pre - cious -
or find me far - side of the sea, there Your hand still fas -

21

E♭add2

B♭

- thoughts, there's no hid - ing from Your love.
tens me e - ver clos - er to Your heart.

CHORUS

24 Oh. _____ } Gm
Highs and lows, Lord, You're with me ei - ther

27 Ebsus2 Bb
way it goes, should I rise or should I fall.

30 (F/A) Gm Ebsus2
E - ven so, Lord, Your mer - cy is an e - ven flow.

34 1. Bb
You're too good to let me go. Should I

37 2. Fadd4 Gm7
should I rise or should I fall, You are faith - ful through it

INSTRUMENTAL

40 Eb Bb
all. You're too good to let me go. Ooh. _____

43 Dm7
Ooh. _____

46 Ebadd2 Bb

Ooh. _____

50 Gm Eb

Oh. _____
Sing 2nd & 3rd times only

Oh. _____

Oh. _____

54 F Gm7 Eb 1, 2.

Oh. _____

58 CHORUS 3. Gm

Highs and lows,
Highs and lows,
You sur-round me ei-ther
in the rhy-thms of Your

61 Eb F

way it goes,
grace I know,
Should I rise or should I fall,
should I rise or should I fall,

64 Gm Eb 1.

Lord, You're with me through it all,
You are faith-ful through it Oh.

67 Eb Bb 2.

all. And You're too good to let me go.

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Ab **Cm7**
Ooh._____ Ooh._____

5 **D♭maj9** **Ab**
Ooh._____ When it

VERSE 1/3

9 **Ab** **Cm7**
feels like the dark ling - ers long - er than the night.
dance on the heights or make my bed a - mong the depths.

12 **D♭add2**
When the sha - dows feel like giants, are You chas - ing me
Your mer - cy waits at ev - 'ry end, like You planned it from the

VERSE 2/4

15 **Ab** **Ab**
down? Tell me where could I run?
start. Should the dawn come with wings,

18 **Cm7**
From Your light, where could I hide? Hemmed with - in Your pre - cious -
or find me far - side of the sea, there Your hand still fas -

21 **D♭add2** **Ab**
- thoughts, there's no hid - ing from Your love.
tens me e - ver clos - er to Your heart.

CHORUS

24 **Fm**

27 **Dbsus2** **Ab**

30 **(Eb/G) Fm** **Dbsus2**

34 **Ab**

37 **Ebadd4** **Fm7**

40 **Db** **Ab** **INSTRUMENTAL**

43 **Cm7**

46 $D\flat add2$ $A\flat$

Ooh. _____

50 Fm $D\flat$

Oh. _____

Sing 2nd & 3rd times only

Oh. _____

Oh. _____

54 $E\flat$ $Fm7$ $D\flat$ 1, 2.

Oh. _____

58 **CHORUS** 3. Fm

Highs and lows, You surround me ei-ther
Highs and lows, in the rhythms of Your

61 $D\flat$ $E\flat$

way it goes. Should I rise or should I fall,
grace I know. should I rise or should I fall,

64 Fm 1. $D\flat$

Lord, You're with me through it all. Oh. _____
You are faith-ful through it

67 2. $D\flat$ $A\flat$

all. And You're too good to let me go.

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VERSE 1/3

5 **Cmaj9** **G**
Ooh. Ooh. When it

9 **G** **Bm7**
feels like the dark ling - gers long - er than the night.
dance on the heights or make my bed a - mong the depths.

12 **Cadd2**
When the sha - dows feel like giants, are You chas - ing me
Your mer - cy waits at ev - 'ry end, like You planned it from the

VERSE 2/4

15 **G** **G**
down? Tell me where could I run?
start. Should the dawn come with wings,

18 **Bm7**
From Your light, where could I hide? Hemmed with - in Your pre - cious -
or find me far - side of the sea, there Your hand still fas -

21 **Cadd2** **G**
- thoughts, there's no hid - ing from Your love.
tens me e - ver clos - er to Your heart.

CHORUS

24 Em

Oh. _____ } Highs and lows, Lord, You're with me ei - ther

Detailed description: Musical staff for measure 24. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a half note G4, followed by a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "Oh." are under the first four notes, and "Highs and lows, Lord, You're with me ei - ther" are under the remaining notes.

27 Csus2 G

way it goes, _ should I rise or _ should I fall.

Detailed description: Musical staff for measure 27. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "way it goes, _ should I rise or _ should I fall." are under the notes.

30 (D/F#) Em Csus2

E - ven so, Lord, Your mer - cy _ is an e - ven flow. _

Detailed description: Musical staff for measure 30. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "E - ven so, Lord, Your mer - cy _ is an e - ven flow. _" are under the notes.

34 G

1. You're too good to _ let me go. Should I

Detailed description: Musical staff for measure 34. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a quarter rest, followed by a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "You're too good to _ let me go. Should I" are under the notes.

37 Dadd4 Em7

2. should I rise or _ should I fall, You are faith - ful _ through it

Detailed description: Musical staff for measure 37. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a quarter rest, followed by a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "should I rise or _ should I fall, You are faith - ful _ through it" are under the notes.

INSTRUMENTAL

40 C G

all. You're too good to _ let me go. Ooh. _____

Detailed description: Musical staff for measure 40. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "all. You're too good to _ let me go. Ooh. _____" are under the notes.

43 Bm7

Ooh. _____

Detailed description: Musical staff for measure 43. It starts with a treble clef and a key signature of one sharp (F#). The melody begins with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. A slur covers these four notes. After a double bar line, there is a quarter rest, followed by a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4. The lyrics "Ooh. _____" are under the notes.

46 Cadd2 G

Ooh.

50 Em C

Oh. Oh. Oh.

Sing 2nd & 3rd times only

54 D Em7 C 1, 2.

Oh.

58 CHORUS Em

Highs and lows, Highs and lows, You surround me ei-ther in the rhythms of Your

61 C D

way grace it goes. Should I rise or should I fall, grace I know should I rise or should I fall,

64 Em C 1.

Lord, You're with me through it all. You are faithful through it Oh.

67 C G

all. And You're too good to let me go.